

# able futures

**#MoreGoodDays**

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# What is Able Futures?

## A Partnership of 4 Organisations

- There are 4 Public Services organisations in the partnership: Ingeus, which leads the partnership; Salus; Working Minds; and Case-UK.
- The partnership works on behalf of, and is contracted by, the Department for Work and Pensions.

## Delivering the Access to Work Mental Health Support Service

- The Access to Work Mental Health Support Service is the 'Sister' to Access to Work and is exclusive for employees with mental health difficulties.
- The service launched in August 2018.

## To Address Mental Ill Health in the UK Workforce

- 3/5 UK employees are affected by mental ill health.
- Mental health difficulties are the number one cause of sickness absence in the UK.
- Absenteeism and presenteeism costs the UK economy £42 Billion a year, equivalent to £1300 per employee.

# Access to Work Mental Health Support Service



A service which enables anyone in work, who is 16 or over and resident in the UK, to receive 9 months of mental health support.



**Vocational Rehabilitation Consultants:** Qualified mental health professionals who will engage with employees once or twice a month.



A VRC will support employees in several ways:

- Information and advice
- Coaching, motivation and advocacy
- Listening and moral support
- Education and awareness

# Features of the Service



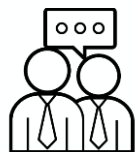
Quick response.



Weekly, fortnightly or monthly support for 9 months.



Completely separate service – high confidence in service privacy.



Personal, bespoke face-to-face or telephone engagement

# Features of the Service ...Continued



Fully government-funded service – no cost to the employer or employee



Intended to be used in conjunction with support already available



Can be used to support individuals that don't have access to an EAP: sub-contractors; self-employed workers; friends and family of employees.

# Accessing the Service

## Referral

Self referral, or referral by another person, either by phone via our helpline which is open from 8am to 10:30pm, Monday to Friday, or by completion of the referral form on the Able Futures website.

## Contact

Our contact centre will call an employee within 24 hours of website referral and make a minimum of 5 attempts to do so; after which, an email is sent. During the call, our contact centre will establish a participant's situation and the support they need.

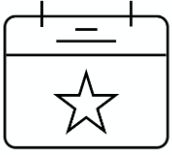
## DWP Check

After the call, our contact centre will liaise with the DWP to confirm that the employee can access the service. Once confirmation is obtained, our contact centre will get back in touch with the employee and book their first appointment.

## Meeting

The first meeting with a VRC is face to face and will be at a location of the employee's choosing. The first meeting from initial referral takes place within 2 weeks on average. After the first meeting, an Individualised Support Plan is created.

# Support for Employers



Mental Health First Aid Awareness Sessions



Marketing Materials (Digital, Hard Copy, and Promotional Items)



Advice and Guidance



Recruitment Services – Support with Disability Confidence and Corporate Social Responsibility

# Questions & Open Discussion

