



# Help and support for domestic or sexual abuse in Barnet

**Call the Police on 999 if someone  
is in immediate danger**

**Emergency refuge accommodation and advice:**  
If someone is fleeing domestic abuse, call the  
24 hour National Domestic Abuse Helpline  
on 0808 2000 247 or using their live chat  
Monday – Friday, 3-10pm on  
[www.nationaldahelpline.org.uk](http://www.nationaldahelpline.org.uk)





## Women and Girls Network's Sexual Violence Helpline

Call Women and Girls Network's Sexual Violence Helpline on **0808 801 0770** Monday to Friday 10am - 12.30pm and 2 - 4pm or out of hours on Wednesday 6 - 9pm for free and confidential emotional support for any woman in London (aged 14+) who has been effected by any form of sexual violence at any time in their lives.

## Solace Advocacy Domestic Abuse and Support Service



- Provides free and confidential advice and support for women and men who are at risk of domestic abuse, forced marriage, female genital mutilation (FGM) and honour based violence.
- Provides one to one support, advice, practical and emotional support; crisis intervention; and risk management support.
- Can make referrals to specialist services such as counselling, legal services, benefits and housing.
- Can refer to Women's Resilience Awareness Project (WRAP) – made up of 2 main groups
  - (1) Picking up the Pieces – 3 week group about how DA impacts children and
  - (2) ARISE – 6 week domestic abuse awareness programme.
- **Call: 020 3874 5003 or email: [barnet.advocacy@solacewomensaid.org](mailto:barnet.advocacy@solacewomensaid.org)**



## Barnet Homes Domestic Abuse One Stop Shop

- Survivors receive one to one support from an Independent Domestic Violence Advisor (IDVA) from Barnet Solace DA Advocacy and Support Service, Victim Support, Jewish Women's Aid or Asian Women Resource Centre, where they discuss safety options and complete a risk assessment with survivor.
- Survivors can receive more information, advice and support from: Family Law Solicitors or an Immigration Solicitor, an experienced former Magistrate, Housing Advisor, Sanctuary Scheme Coordinator.
- **Call: 020 8359 7947 every Thursday 9.30am - 12.30pm or email: [DAOneStopShop@barnethomes.org](mailto:DAOneStopShop@barnethomes.org)**



## The Barnet Homes Sanctuary Scheme

- Enables survivors of domestic abuse to remain in their own homes with extra security measures, only if it is safe, if it is survivor's choice, and if survivor's abuser no longer lives in the current home.
- The Sanctuary Scheme provides: stronger doors and locks, window bars, safe room, contact and advice from Barnet Domestic Abuse services provided by Solace Women's Aid and partners.
- It is free but only a professional/support worker can make a referral to the Sanctuary Scheme Coordinator.
- **Call: 020 8359 4619 or email: [BarnetSanctuaryScheme@barnethomes.org](mailto:BarnetSanctuaryScheme@barnethomes.org)**





## Children Overcoming Domestic Abuse (CODA) Community Group Programme - (0-19 Early Help Offer)

- Children Overcoming Domestic Abuse (CODA) Community Group Programme (0-19 Early Help Offer).
- The programme is open to children 4 to 11 years (the age range may be extended in the near future).
- The service is for children and mothers that aren't living with the alleged abuser.
- They offer separate groups for children and mothers who have experienced domestic abuse. The groups run for 12 weeks.
- **Call: East/Central Hub: 020 8359 3460; West Hub: 020 8359 3510; South Hub: 020 8359 3590.**

## Jewish Women's Aid

- Provides free and confidential support to Jewish women and children affected by domestic abuse and sexual violence.
- Provides one to one support, advice, practical and emotional support; crisis intervention; and risk management support.
- **Domestic abuse and sexual violence services, call: 0808 801 0500 (JWA Helpline) Monday – Thursday 9.30am - 9.30pm**
- **Email: [advice@jwa.org.uk](mailto:advice@jwa.org.uk) or access the webchat via their website: <https://www.jwa.org.uk/webchat>**

## RISE MUTUAL CIC Changing behaviours

- Provides behavioural change programmes to address domestic abuse and family violence with integrated survivor services.
- Services include group programmes for people using harmful behaviours; young people's services; child (including adults over 18) abuse to parent/carers and healthy relationship education programme; safety and wellbeing support for victims of the group members on a programme; 1:1 trauma informed support for women who are violent or abusive in the domestic setting and Culturally Integrated Family Approach (CIFA) to Domestic Abuse changing behaviour programmes.
- **Call senior practitioner, Eoin Gorman: 07538 655 120 or email: [eoin.gorman@risemutual.org](mailto:eoin.gorman@risemutual.org)**

## Youth Realities

- Is a youth-led charity based in Barnet addressing teenage relationship abuse through creative education and support for young survivors.
- Provides long term 1:1 Support and Advocacy for young people aged 11-25, including crisis intervention, practical and emotional support and post-abuse development opportunities.
- Provides community safe spaces including dance, employment, training and wellbeing for young survivors of abuse and violence to access safety and healing.
- **Call: 020 3916 5709 or email: [info@youthrealities.co.uk](mailto:info@youthrealities.co.uk) website: <https://www.youthrealities.co.uk/>**



### IKWRO

**IKWRO** provides advice and support to Middle Eastern, North African and Afghan women and girls living in the UK, who have experienced, or are at risk of all forms of “honour” based abuse, including; forced marriage, child marriage and female genital mutilation (FGM), or domestic abuse.

**Call Mon to Fri, 9.30am - 5.30pm: 020 7920 6460**

**or email [info@ikwro.org.uk](mailto:info@ikwro.org.uk)**

**For out-of-hours emergencies call:**

**Kurdish/Arabic/English: 07846 275246**

**Farsi/Dari/English: 07846 310157**

### Victim Support

**The London Victim and Witness Service (LVWS)** is a support service for London residents who are affected by or witness to crime. Use the free 24/7 live chat service via the **website: <https://www.londonvws.org.uk/> or call: 0808 168 9291, their Helpline operates 24/7, every day of the year.**

### Latin American Women's Aid

**Latin American Women's Aid:** provides practical and emotional support for Latin American and other Black and Ethnic Minoritised women and children affected by **Domestic Violence & Abuse** **call 020 7275 0321.**

Their services are free and confidential, offered in Spanish, Portuguese and English. **They are open from Monday to Friday from 9:30am - 5:30pm.**

### Support for vulnerable adults

**Support for vulnerable adults:** for adults over 18 who have needs for care and support and unable to stop someone else from harming or abusing them,

**Contact Social Care Direct 020 8359 5000 (9am to 5pm, Monday to Friday), or 020 8359 2000 (out of hours) or email: [socialcaredirect@barnet.gov.uk](mailto:socialcaredirect@barnet.gov.uk)**

### Safeguarding children

**Safeguarding children:** for concerns about about a child, call the council's **Multi-Agency Safeguarding Hub (MASH)** **on 020 8359 4066 to speak to a social worker or email: [mash@barnet.gov.uk](mailto:mash@barnet.gov.uk)**

For more details visit : **[www.barnet.gov.uk/domesticabuse](http://www.barnet.gov.uk/domesticabuse)**